

## UTICA PARK CLINIC

### Medicare Part B Preventative Services

Dear Patient, The **Welcome to Medicare Initial Preventative Exam** as well as the **Annual Wellness Exam** are not "routine physicals". Coverage for these exams and tests are provided as a Part D Medicare benefit. The annual Part B deductible is waived. The coinsurance or copay may still apply. *Please be aware that if you wish to address acute issues that are not part of a routine wellness exam, you may also be billed for a "sick visit" which will be associated with your regular copay and may apply to your annual part B deductible.*

Services	Welcome to Medicare -Initial Preventative Physical exam	Initial Medicare Annual Wellness visit	Medicare Annual Wellness Visit AWW
When is the exam covered?	One time in the first 12 month that you are eligible for Medicare part B	For patient that did not has a "Welcome to Medicare" exam in the first year of Medicare Part B	12 months after the Welcome to Medicare exam or your Initial Annual Medicare exam
Diagnosis code	G 0402	G 0438	G0439
Medical History	Comprehensive past medical, social and family history as well as a medication update		
Physical exam	B/P, height, weight, BMI, vision screen and examination		

#### PATIENT RESPONSIBILITY (SEE ATTACHED FORMS)

Depression screen	If you are concerned about depression please fill out the questionnaire before your examination
Home-fall safety evaluation	If you are concerned about falling, please fill out the home- fall safety questionnaire before your examination
Hearing screen	If you are concerned about hearing loss, please fill out the questionnaire before your office examination
Dementia screen	You may request a mini mental status exam "memory test" if you are concerned about memory loss
Living Will/Advanced Directives	You may request a copy of an Advance Directive or Living Will during your visit

#### 5-10 YEAR HEALTH GUIDANCE

Preventative Services (5-10 year health plan)	Date of your last test/service /counseling	Date when is it due?	Your cost
<b>Abdominal aneurysm screen*</b> (Once in a lifetime)G0389		Not covered if done once already after 65.	No Medicare co-pay
<b>Bone Density Measure*</b> (Every 2 years)			No Medicare co-pay
<b>Cardiovascular screening</b> (cholesterol profile every 5 years)			No cost
<b>Colon cancer screening</b> (Based on the specific test)			No Medicare co-pay
<b>Diabetes Screening*</b> ( up to 2 fasting blood sugar a year) High risk patients			No cost
<b>Diabetes self management training</b>			You pay 20% of Medicare allowed amount

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**Medicare Part B Preventative Services**

<b>Flu vaccine</b>		Annually fall/winter	No cost
<b>Pneumococcal vaccine*</b>		Once after 65 unless "High risk" (Immunocompromised)	No cost
<b>Glaucoma Testing*</b> yearly in high risk patients			No co-pay
<b>Mammogram</b> (Every 12 months)			No co-pay
<b>Pap test and pelvic exam</b> (Every 24 month unless high risk) pap Q0091, pelvic G0101			No cost
<b>Prostate cancer screen</b> ( exam and PSA blood test) G0102 Must be 50 year old			No cost
<b>Smoking cessation counseling</b> (up to 8 face-to-face visits for tobacco cessation in one year)		One time benefit	No cost
<b>Medical nutrition therapy services *</b> (diabetes or chronic kidney disease)		Annually _____	No cost
<b>HIV screening*</b>			There may be additional charges for HIV testing
<b>Hepatitis B shot*</b>			No cost
<b>Screening ECG</b> (electrocardiogram)		Optional: one time only with your Welcome to Medicare exam	No cost

**\*HIGH RISK DEFINITIONS:**

**AAA screen:** Must have a Family history of AAA or smoked >100 cigarettes in lifetime

**Bone Density study:** Requires diagnosis of estrogen deficiency or osteoporosis

**Glaucoma screen:** You're at high risk if you have diabetes, a family history of glaucoma, are African-American and 50 or older, or are Hispanic and 65 or older.

**Hepatitis B vaccine:** hemophilia, on dialysis, or certain conditions that increase your risk for infection. if you live with someone who has Hepatitis B or if you are a healthcare worker and have frequent contact with blood or body fluids,

**HIV:** People with Medicare of any age who ask for the test, pregnant women, and people at increased risk for the infection.

**Medical Nutritional therapy:** diabetes or kidney disease, or you had a kidney transplant in the last 3 years

**Annual Pap:** childbearing age and had cervical or vaginal cancer in the past 3 years  
or are considered high risk for developing cervical or vaginal cancer

**Diabetes screen:** Obese, high blood pressure, high cholesterol, family history of diabetes, history of gestational diabetes

**Pneumovax:** High risk includes Immunosuppressed, HIV, heme malignancies, s/p transplant, nephrotic syndrome, on immunosuppressive drugs